



MILAD-E -SHERIEF MEMORIAL COLLEGE

Accredited by NAAC with 'B++' Grade

KAYAMKULAM-690502 KERALA STATE- SOUTH INDIA

Affiliated to the University of Kerala

Website: www.msmcollege.in, E-mail: msmcollege@rediffmail.com

Fax: 0479-2445594, Tel. No: 0479-2442111



CRITERION V

AQAR 2023-2024

MILAD-E-SHERIEF MEMORIAL COLLEGE



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KAYAMKULAM-690502

KERALA STATE- SOUTH INDIA

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SUPPORTING DOCUMENT FOR 5.1.3

Capacity building and skills enhancement initiatives taken by the institution (for the year 2023-2024) include the following

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene)
4. ICT/computing skills

The supporting documents provided for this criterion includes,

- 1 Name of the programs
- 2 Brochures of the programs
- 3 List of students participated
- 4 Photos or screenshots

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1. SOFT SKILL- CERTIFICATE COURSE ON SOFT SKILL

Title of the Programme	Certificate Course on soft skill
Date of the Programme	September-November 2023
Organizing Department	Department of English
Number of Students Enrolled	33
Name of the Resource Person	Mrs. Sajitha B, Assistant Professor, Department of English, MSM College, Kayamkulam and Dr. Harsha Vishwanath, Assistant Professor, Department of English, MSM College, Kayamkulam.
Objectives of the Programme	To equip the students with the soft skills like problem solving skill, leadership quality, stress management, time management etc.
Outcomes of the Programme	Students were benefitted with the tricks to acquire the soft skills- the key for the success in both professional and personal life.

2023- 2024

Department of English

**CERTIFICATE COURSE
ON SOFT SKILLS**



Duration : 45 hours
Target Audience
UG Students

Faculty Coordinators
Smt. Sajitha B - 9495121231
Dr. Harsha Viswanath -9496267509

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Syllabus

Unit 1: Introduction to Soft Skills

a. Soft Skills: An Introduction – Definition and Significance of Soft Skills; Process, Importance of Soft Skill Development. Self-Discovery: Discovering the Self; Setting Goals; Beliefs, Values, Attitude, Virtue. Positivity and Motivation: Developing Positive Thinking and Attitude.

b. Emotional Intelligence Skills

1. Decision-Making and Problem-Solving Skills: Meaning, Types and Models, Group and Ethical Decision-Making, Problems and Dilemmas in application of these skills.

2. Conflict Management: Conflict - Definition, Nature, Types and Causes; Methods of Conflict Resolution.

3. Stress Management: Stress - Definition, Nature, Types, Symptoms and Causes; Impact of Stress and Management of Stress

4. Emotional Intelligence: Meaning, History, Features, Components, Intrapersonal and Management Excellence; Strategies to enhance Emotional Intelligence

UNIT -2 Communication Skills

1. Interpersonal Communication: Interpersonal relations; process and barriers; developing interpersonal relationships through effective communication; listening skills; essential formal writing skills; corporate communication styles – assertion, persuasion, negotiation.

2. Teamwork and Leadership Skills: Concept of Teams; team communication, Building effective teams; Concept of Leadership, Leadership Theories; Types of Leaders; Leadership Behaviour; Assertiveness Skills.

3. Group Discussion & Interview Skills Unit: Importance, Planning, Elements, Skills assessed.

4. Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.

5. Body Language & Etiquettes: Non-Verbal Communication, Importance and Elements; Body Language.

UNIT -3 Interview and Presentation Skills 1. Interview Skills: Interviewer and Interviewee – in-depth perspectives. Before, During and After the Interview. Tips for Success.

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2. Presentation Skills: Types, Content, Audience Analysis, Essential Tips – Before, During and After, Overcoming Nervousness.

3. Etiquette and Manners – Social and Business.

4. Time Management – Concept, Essentials, Tips.

5. Personality Development – Meaning, Nature, Features, Stages, Models; Learning Skills; Adaptability Skills

Evaluation

The course shall have two components of evaluation:

- a) Continuous evaluation of 20 marks - quizzes, assignments
- b) Oral Examination of 20 marks
- c) Final Examination of 60 marks - Written Examination

Books Recommended:

- 1. Peggy Klaus, The Hard Truth about Soft Skills.
- 2. Nitin Bhatnagar. Effective Communication and Soft Skills. Pearson Education India.
- 3. Eric Garner. Team Building.
- 4. Wendy Palmer and Janet Crawford. Leadership Embodiment.
- 5. Managing Soft Skills for Personality Development – edited by B.N.Ghosh, McGraw Hill India, 2012.
- 6. English and Soft Skills – S.P.Dhanavel, Orient Blackswan India,

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REPORT OF THE PROGRAMME

The certificate course offered by the Department of English on Soft Skills for first year UG students was successful during the academic year 2023- 2024. It was conducted offline during Zero hours and on Saturdays from September 2023-November 2023. The students enthusiastically participated in the course, which helped them use the knowledge acquired from the course for their projects. Videos, Textbooks, Assignments, and seminars were used as mediums for delivering the content.

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M.S.M COLLEGE, KAYAMKULAM

CERTIFICATE COURSE 2023-24

SOFT SKILLS

TIME : 2 HOUR

MAX.MARKS : 60 MARKS

I. Answer any Six questions in about 150 words.

1. Write a note on Stress management Skills?
2. Importance of team work and leadership skills.
3. Write on the importance of presentation skills?
4. Write a note on the importance of interpersonal communication skills.
5. Importance of Personality Development.
6. Importance of decision-making and problem-solving skills.
7. What is the significance of soft skills?
8. Time Management.
9. Importance of body language and Etiquette.
10. Strategies to enhance Emotional intelligence.

(10m x 6 = 60m)



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Department of English

M.S.M. College, Kayamkulam

Soft Skills 2023-24

Participants List

Sl.No	Register No.	Name
1.	13323117001	ABHIJITH. B. S
2.	13323117002	ADINARAYANAN S C
3.	13323117003	AKHILESH O
4.	13323117004	AMIT TIWARI
5.	13323117005	AMRUTHA SASI
6.	13323117006	BALU. S. KRISHNAN
7.	13323117007	MUHAMMED RIYAN
8.	13323117008	PREMCHAND.S
9.	13323117009	SHEFIN N
10.	13323117010	SRUTHI S RAJ
11.	13323117011	SUDHEER. A
12.	13323117012	ADARSH M
13.	13323117013	AJMI. N
14.	13323117014	AKASH.M
15.	13323117015	AL AMEEN K B
16.	13323117016	ALIYA S N
17.	13323117017	ANSHANA.S
18.	13323117018	ARUNIMA M S
19.	13323117019	ASHWIN V
20.	13323117020	ASIJA S R
21.	13323117021	FATHAH MUHAMMED L
22.	13323117022	FATHIMA B
23.	13323117023	FATHIMA SALAM



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24	13323117024	GOPIKRISHNAN. S
25	13323117025	HILAL DAS H
26	13323117026	JISHNU SREEKUMAR
27	13323117027	NANDANA SHAJI
28	13323117029	NISHANA MOL N
29	13323117030	SALIHA S
30	13323117031	SHEFIN S
31	13323117032	SHEHNA M
32	13323117033	SWATHY SANTHOSH
33	13323117034	VARUN HARI



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3

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No. of Members, 1994:

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Department of English
M.S.M. College, Kayamkulam
Soft Skills 2023-24

Sl.No	Register No.	Name	Marks/50	Signature
1.	13323117001	ABHIJITH. B. S	36	Abhijith
2.	13323117002	ADINARAYANAN S C	38	Adinarayan
3.	13323117003	AKHILESH O	36	Akhilesh
4.	13323117004	AMIT TIWARI	34	Amit
5.	13323117005	AMRUTHA SASI	38	Amrutha
6.	13323117006	BALU. S. KRISHNAN	38	Balu
7.	13323117007	MUHAMMED RIYAN	40	Muhammed
8.	13323117008	PREMCHAND.S	39	Premchand
9.	13323117009	SHEFIN N	44	Shefin
10.	13323117010	SRUTHI S RAJ	43	Sruthi
11.	13323117011	SUDHEER. A	38	Sudheer
12.	13323117012	ADARSH M	37	Adarsh
13.	13323117013	AJMI. N	38	Ajmi
14.	13323117014	AKASH.M	45	Akash
15.	13323117015	AL AMEEN K B	40	Alameen
16.	13323117016	ALIYA S N	37	Aliya
17.	13323117017	ANSHANA.S	36	Anshana
18.	13323117018	ARUNIMA M S	43	Arunima
19.	13323117019	ASHWIN V	43	Ashwin
20.	13323117020	ASIJA S R	45	Asija
21.	13323117021	FATHAH MUHAMMED L	39	Fathah
22.	13323117022	FATHIMA B	37	Fathima
23.	13323117023	FATHIMA SALAM	36	Fathima
24.	13323117024	GOPIKRISHNAN. S	36	Gopikrishnan
25.	13323117025	HILAL DAS H	36	Hilal
26.	13323117026	JISHNU SREEKUMAR	39	Jishnu
27.	13323117027	NANDANA SHAJI	42	Nandana

[Handwritten Signature]



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28	13323117029	NISHANA MOL N	40	
29	13323117030	SALIHA S	39	
30	13323117031	SHEFIN S	45	
31	13323117032	SHEHNA M	36	
32	13323117033	SWATHY SANTHOSH	40	
33	13323117034	VARUN HARI	42	

Dr. Harsha Viswanath

Assistant Professor

Department of English

M.S.M. College, Kayamkulam

Alappuzha (Dist.), Kerala, PIN: 690502

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2. SOFT SKILL-INVITED TALK ON MOTIVATION AND PERSONALITY DEVELOPMENT

Title of the Programme	Invited Talk on Motivation and Personality Development
Date of the Programme	08.08.2023
Organizing Department	Department of Political Science
Number of Students Enrolled	77
Name of the Resource Person	Dr. Sajimon, Assistant Professor, Department of Psychology, Fatima Mata National College, Kollam.
Objectives of the Programme	To motivate the students and to give them tips to develop and improve their personality.
Outcomes of the Programme	Students got motivated and acquired some personality traits.

DEPARTMENT OF POLITICAL SCIENCE
M.S.M. COLLEGE, KAYAMKULAM

Invited talk
on

**MOTIVATION AND PERSONALITY
DEVELOPMENT**

Dr. Sajimon

Assistant Professor, Department of Psychology, Fatima
Mata National College, Kollam

Tuesday
8 August, 2023
10am

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REPORT OF THE PROGRAMME

The Department of Political Science had organized a special lecture for the students on the topic “Motivation and Personality Development” and the resource person was Dr.Sajimon (Assistant Professor, Department of Psychology, Fatima Mata National College, Kollam. The lecture was conducted to motivate students and to give them tips to develop and improve their personality. Prof. Dr. A Muhammed Thaha (Principal, M.S.M College) inaugurated and delivered the presidential address for the programme, Dr. Divya V (Vice-Principal, M.S.M College) and Dr.A.Basheer (Retd. Principal, M.S.M. College, Kayamkulam) delivered the felicitation. Dr.Rekha Nair R, Assistant Professor and HOD of Political Science delivered the welcome speech and Mr. Anas N, Assistant Professor of Political Science, proposed the vote of thanks. 77 students participated in the programme. The session was followed by cultural programmes of the students of Political Science.



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MOTIVATION AND PERSONALITY DEVELOPMENT

8/8/2023

25

NAME	DEPARTMENT / SEMESTER	SIGNATURE
1. Ajina S	SG BA POLITICS	Ajina S
2. Krishnapriya L	SG BA Political science	Krishnapriya
3. Ajishamolin	"	Ajishamolin
4. Sharja N	"	Sharja
5. Sayeeda R	"	Sayeeda R
6. Jomol P	"	Jomol P
7. Devu O	"	Devu O
8. Savitha S	"	Savitha S
9. Bhavana Uthaman	"	Bhavana Uthaman
10. Meera Prasanna	"	Meera Prasanna
11. Renjitha S	S2 BA English	Renjitha S
12. Aliya N	"	Aliya N
13. Shifana	"	Shifana
14. Shree Lekshmi	"	Shree Lekshmi
15. Bhagya Mol-T	"	Bhagya Mol-T
16. Archana Babu A	"	Archana Babu A
17. Lekshmi M	S2 BA POLITICS	Lekshmi M
18. Rabigath K	S2 BA English	Rabigath K
19. Priyanka R	S2 BA English	Priyanka R
20. Ashna A	S2 BA English	Ashna A
21. Beeyathayath	S2 BA politics	Beeyathayath
22. Lavanya V S	"	Lavanya V S
23. Sreelekshmy	"	Sreelekshmy
24. Anagha	S2 BA History	Anagha
25. Bhagyalekshmi	S2 BA History	Bhagyalekshmi
26. Husna Sofi	" "	Husna Sofi
27. Nidhi G	" "	Nidhi G
28.		
29. Anipriya S	BA S2 Politics Science	Anipriya S
30. Haripriya M	BA S2 Political Science	Haripriya M
31. Hasmath MH	S2 BA Political Science	Hasmath MH
32. Rekha J	S2 BA Political Science	Rekha J
33. Shehina S	S2 BA Political Science	Shehina S

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26				27		
34	Drishya	BA Politics	Drishya	68	Ajmal	BA Malayalam
35	Fatima Mubina M	BA English	Fatima	69	Nousha N	BA Malayalam
36	Sumayya J	BA English	Sumayya	70	Risana N	BA Malayalam
37	Alkhi P	BA Politics	Alkhi	71	Shamna S	"
38	Sali Krishna	BA Malayalam	Sali	72	Malu	"
39	Sruthy L	BA Malayalam	Sruthy	73	Asha R	"
40	Jayalakshmi S	BA Malayalam	Jayalakshmi	74	Athira	"
41	Nayana Vinayakumar	BA Malayalam	Nayana	75	Ajitha A.P	"
42	Nithya M	BA Economics	Nithya	76	Aswathy S	BA Malayalam
43	Thasni R	"	Thasni	77	Amritha	"
44	Fousi S	"	Fousi			
45	Nousha N	"	Nousha			
46	Fathima N	"	Fathima			
47	Shibana A	BA Politics	Shibana			
48	Abhishek B	BA Politics	Abhishek			
49	Vena S Babu	BA Malayalam	Vena			
50	Nikitha B	"	Nikitha			
51	Renuka Rajendran	"	Renuka			
52	Amala G	"	Amala			
53	Thasni Thajudeen	"	Thasni			
54	Ashwiniyack P S	"	Ashwini			
55	ARDEENA A	BA Malayalam	Ardeena			
56	ARCHANA SURESH BABU	BA Malayalam	Archana			
57	Devika Krishnam S	BA Malayalam	Devika			
58	SHALU S	BA Malayalam	Shalu S			
59	Abhitha I	BA Malayalam	Abhitha			
60	SONA S S	BA Malayalam	Sona			
61	Athulya T	BA Malayalam	Athulya			
62	NANJA S	BA Malayalam	Nanja			
63	Rehena R	BA Malayalam	Rehena			
64	Mahammed Aslam J	BA Malayalam	Mahammed			
65	ABOMAL M	BA Malayalam	Abomal			
66	Harikrishnan R	BA Malayalam	Harikrishnan			
67	Sachin Sajeevan	BA Malayalam	Sachin			

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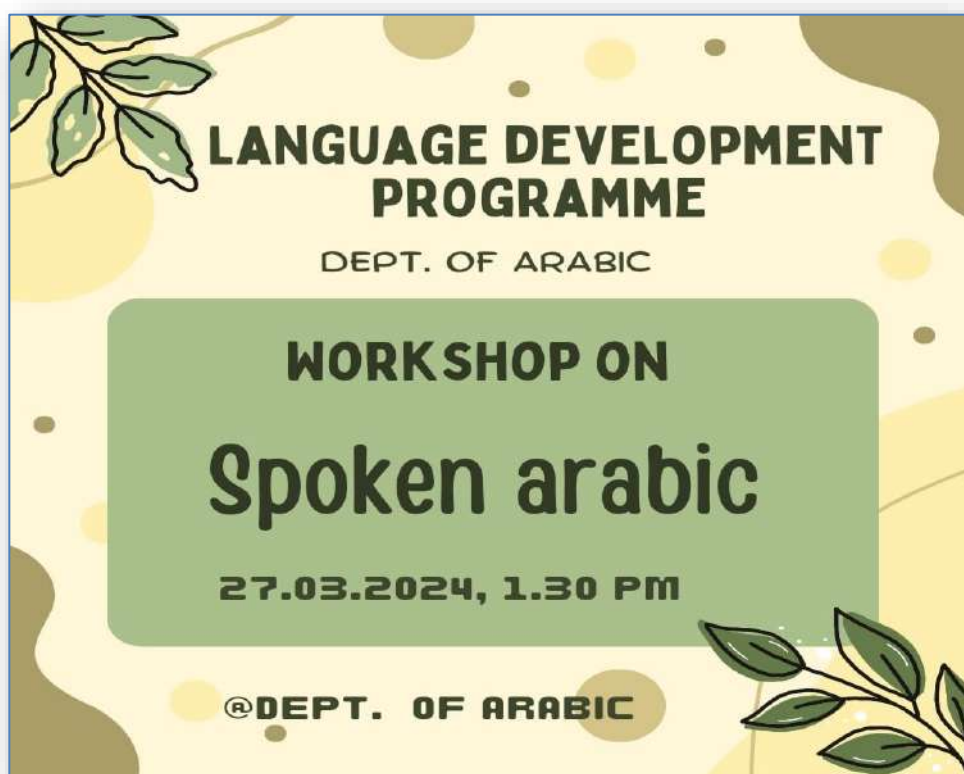
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3. LANGUAGE AND COMMUNICATION SKILL- WORKSHOP ON SPOKEN ARABIC

Title of the Programme	Workshop on Spoken Arabic
Date of the Programme	27.03.2024
Organizing Department	Department of Arabic
Number of Students Enrolled	51
Name of the Resource Person	Dr. Shanil, Assistant Professor, Department of Arabic, MSM College, Kayamkulam
Objectives of the Programme	To enhance the proficiency in Spoken Arabic
Outcomes of the Programme	Student's ability to speak Arabic improved a lot.



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REPORT OF THE PROGRAMME

On 27 March 2024, the Department of Arabic, MSM College, Kayamkulam meticulously organized a one-day workshop focused on enhancing proficiency in "Spoken Arabic". The workshop was inaugurated by Dr. Farook, Head of the Department of Arabic underscoring its significance. Dr. Shanil, Assistant Professor, Department of Arabic renowned for his expertise in the subject matter expertly conducted the session ensuring a comprehensive and enriching experience for all participants. The workshop proved particularly advantageous for the students, especially those with the aspirations to build careers in the Middle east. Through interactive sessions and practical exercises approximately 51 enthusiastic students actively engaged in honoring their Arabic Language skills.



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30. Muhammad Bilal	
31. Muhammad Ayio	
32. Rakan Muhammad	
33. Nazeem Khan	
34. Mushtaq Sultan	
35. Sudeen M	
36. Aashir Rahman	
37. MUTEER RAHMAN	
38. Anas Rahman	
39. Sahan A.R	
40. Adnan Majeed	
41. Salman M.N	
42. Anwar A	
43. Saad A.S	
44. Aashir Muhammad	
45. Mohd Rezaul	
46. Araf Sajid	
47. Aqas N	
48. Bhasan M	
49. Syarif Muhammad	

WORKSHOP ON SPOKEN ARABIC On - 22-02-24 @ 1:30 PM Participants List	
1. Almasra	
2. Anwar S	
3. Ashraf	
4. Aashir Muhammad	
5. Sahil Hassan	
6. Almasra	
7. Faris A	
8. Ramiz S	
9. Sharmistha S	
10. Luthan	
11. Shajeeq A.P	
12. Arsal Muhammad	
13. Tanzeem Mohd	
14. Salman K	

15. Bilal Muhammad	
16. Anwar Muhammad	
17. Rashed M.A	
18. Roshan S	
19. Faris A.P	
20. Ashraf M	
21. Thara T.K	
22. Nihal S.D	
23. Saqib A.T	
24. M. Luthan A.B	
25. Jasir A.S	
26. Anwar Muhammad	
27. Nigam Muhammad	
28. Asmal S.A	
29. Suhail A.S	
30. SATIN SHA	
31. Naif Khan	

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4. LANGUAGE SKILL- NARRATE THE STORY BEHIND THE WOMEN IN SCIENCE

Title of the Programme	Narrate the story behind the woman in science
Date of the Programme	11.02.2024
Organizing Department	Department of Biotechnology
Number of Students Enrolled	13
Name of the Resource Person	Dr. Vidya J, Assistant Professor, Department of Biotechnology, MSM College, Kayamkulam
Objectives of the Programme	To improve the reading and Narrative ability of students
Outcomes of the Programme	Language skill and the Narrative skill of the students improved

**International Day of
Women and Girls
in Science**

2024
FEBRUARY 11

Shining Through Shadows
DEPARTMENT OF BIOTECHNOLOGY
Organizes
Narrate the story behind the "Woman in Science" contest
(No Language or Gender Bar)
Please register with name and title of story on or before 10th Feb to
msmtteambiotech@gmail.com
9539265703

Milad-E-Sherief Memorial (MSM) College
Kayamkulam, Alappuzha
Pin: 690502

REPORT OF THE PROGRAMME

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"Narrate the Story behind women in science contest"

In honor of the International Day of Women and Girls in Science, the Department of Biotechnology, in collaboration with IIC, hosted an interdepartmental storytelling competition for students titled "Narrate the Story behind women in science contest". The event took place on February 20, 2024, starting at 10:30 AM. Five students from various departments participated, showcasing captivating narratives of distinguished women in the realm of science. The judging panel comprised faculty members from the Departments of Physics, English, and Malayalam. Following careful deliberation, the winners were unanimously selected, and the top three contestants received cash prizes. The awards were presented during the Botany and Biotechnology Association program held on March 21, 2024.

Narrate the Story Behind the Women in Science 11.02.2024



Kayamkulam, Kerala, India
V+HCM, Kayamkulam, Kerala 690572, India
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76.493655°
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LIST OF PARTICIPANTS

1	Nidhin AD	II Year BSc. Biotechnology
2	Harshika Rajesh	II Year BSc. Biotechnology
3	Ashkar N	III Year BSc. Biotechnology
4	Anagha G S	III Year BSc. Botany
5	Fousiya	II Year BSc. Zoology
6	Sagra S	III Year BA Political Science
7	Adithya S	III BSc. Botany
8	Devipriya Y	II Year MSc. Zoology
9	Malavika D	I Year MSc. Zoology
10	Sruthy Biju	I Year MSc. Zoology
11	Saranya S	II Year MSc. Zoology
12	Vishnu S Pillai	I Year MSc. Zoology
13	Muhammed Hazer	II Year MSc. Zoology

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5. LANGUAGE AND COMMUNICATION SKILL- TRAINING FOR STORY SPEECH (KATHAPRASANGAM)

Title of the Programme	Training for Story Speech (Kathaprasangam)
Date of the Programme	05.12.2023
Organizing Department	Performing Arts Club and The Department of Malayalam, MSM College, Kayamkulam
Number of Students Enrolled	100
Name of the Resource Person	Indu JS, Professional Kathika (Story Teller)
Objectives of the Programme	To train the students the method of Kathaprasangam
Outcomes of the Programme	Students got a practical session on Kathaprasangam.

പെർഫോമിംഗ് ആർട്ട്സ് ക്ലബ്
എം.എസ്. എം കോളേജ്, കായംകുളം

ഉദ്ഘാടനം : പ്രൊഫ. ഡോ. മുഹമ്മദ്
താഹ (പ്രിൻസിപ്പാൾ എം.എസ്.എം
കോളേജ്)

കഥാപ്രസംഗം

കാഥിക - ഇന്ദു ജെ എസ്
കഥ - ബിരിയാണി



ഡിസംബർ 5 ചൊവ്വാഴ്ച രാവിലെ 10 മണിക്ക്
മലയാളവിഭാഗം സെമിനാർ ഹാളിൽ

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REPORT OF THE PROGRAMME

The Department of Malayalam and the Performing Arts Club jointly organized training for “Kathaprasangam”- the story Speech. College Principal Dr. Muhammad Thaha inaugurated the programme. The Young Professional K’athika’ Ms. Indu J S was the Resource Person. She performed the Malayalam story “Biriyani” written by Mr. Santhosh Echikkaanam. Dr. Harsha Vishwanath, Assistant Professor, Department of English was the chair of the Programme. Dr. Deepa K Goapa, Assistant Professor, Department of Malayalam welcomed the gathering and Dr. Sameer H, Assistant Professor of Arabic proposed the vote of thanks.



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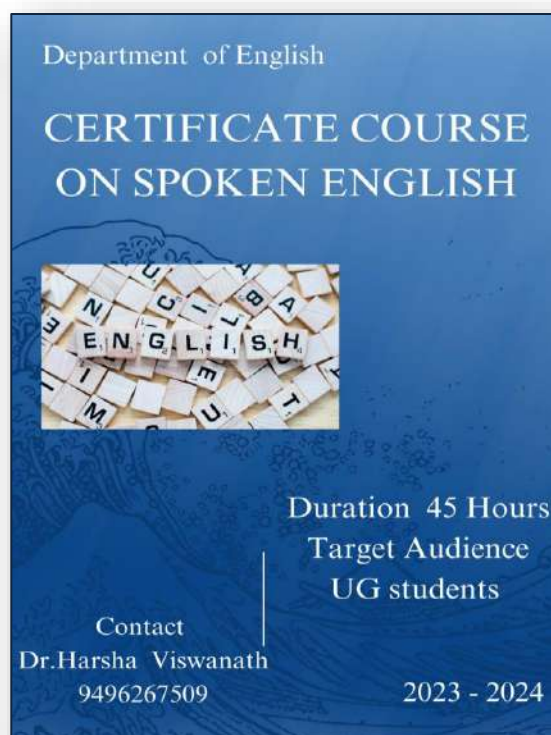
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6. LANGUAGE AND COMMUNICATION SKILL-CERTIFICATE COURSE ON SPOKEN ENGLISH

Title of the Programme	Certificate Course on Spoken English
Date of the Programme	September -November 2023
Organizing Department	Department of English
Number of Students Enrolled	30
Name of the Resource Person	Dr. Harsha Vishwanath, Asst. Professor, Department of English, MSM College.
Objectives of the Programme	Total shift in pedagogy from lectures-oriented classes to interactive learning •To familiarize students with the function of grammatical items used to spoken /written language. •To train students to use the language with confidence & without committing errors.
Outcomes of the Programme	The Communicative skill and fluency of the students in English Language improved.



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Syllabus

Spoken English

Certificate Course in Spoken English refers to the basic language specialisation program in English which is designed to enable the learners to cope with daily situations. The course is primarily designed for those students who are beginners in English. The basic objective of this certificate course is to gradually develop their LSRW- listening, speaking, reading and writing skills through the communicative approach of teaching and learning.

Aim:

The Certificate Course in Spoken English mainly emphasizes on providing the basic understanding of the language to the students.

Objective

- Total shift in pedagogy from lectures oriented classes to
- interactive learning
- To familiarize students with the function of grammatical items
- used to spoken /written language
- To train students to use the language with confidence & without committing errors

The syllabus for the Certificate Course in Spoken English is mentioned as follows:

Unit -1

Communication Theory - Principles of Communication – concept –Nature – Importance - Role of internal & external, formal & informal communication. - Types-verbal & nonverbal.

Barriers to Communication - Noise as barrier -Types - Language as a barrier - Organisational structures as barriers - Personal & Psychological barriers

Unit - 2

Listening: Listening to the texts, listening to CDs, Trials of a good listener

Pronunciation: Introduction to English phonetic symbols, consonants & Vowels with illustrations in use

Listening & Comprehension: Interpretation of texts based on question-answer and Interaction among students

Unit - 3

Reading Skill: Techniques of reading, reading comprehension of unseen pages, identifying the context & the central idea

Vocabulary & word formation: From different texts & dictionary

Unit - 4

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Basic Grammar: Prescriptive/descriptive approaches grammaticality acceptability – appropriateness- grammar in context grammar, both in spoken & written

Practice Exercises on the use of different grammatical constructions in context, identification of the use of the above given grammatical devices from different texts like newspapers, poems, stories etc. Words & phrases used for conversation, making statements, questions, order & suggestions

Dialogues -Public speech -Telephonic Conversation –Translation

Assessment Procedure:

The students will narrate a story or review any film that they like. The students have to inform the teacher of their chosen story/film in the previous class itself. The students will be asked to pronounce words properly. Mock interviews, Practice Session and the tutorial are conducted. Assessment/ learning progress including achievements in interaction at various levels and assessment through surprise activities.

References:

A Practical Course in Spoken English - J .K. Gangal

Better Spoken English - Shreesh Chaudhary

How to Write and Speak Effective, Powerful & Fluent English - Raj Bapna

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Report

The certificate course offered by the Department of English on Spoken English for S1 UG students was successful during the academic year 2023- 2024. It was conducted offline during Zero hours on working days and Saturdays from September 2023 - November 2023. The students enthusiastically participated in the course, which helped them use the knowledge acquired from the course in their day-to-day life. Videos, Audio books, Textbooks, Assignments, roleplays and group activities were used as mediums for delivering the content.

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M.S.M COLLEGE, KAYAMKULAM

CERTIFICATE COURSE 2023-24

SPOKEN ENGLISH

TIME : 1 HOUR

MAX.MARKS : 30 MARKS

I. Answer any four questions.

1. What are the principles of communication?
2. What are the different techniques of reading?
3. Write a dialogue between two friends about road accidents?
4. Transcribe the following words: cake, mutton, hotel, mango, date, class.
5. What are the different types of communication?
6. Write on the different barriers of communication.

(5m x 4 = 20m)

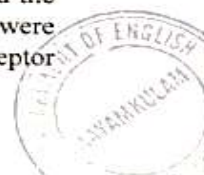
II. Read the passage and answer the questions.

Caffeine, the stimulant in coffee, has been called "the most widely used psychoactive substance on Earth." Snyder, Daly and Bruns have recently proposed that caffeine affects behavior by countering the activity in the human brain of a naturally occurring chemical called adenosine. Adenosine normally depresses neuron firing in many areas of the brain. It apparently does this by inhibiting the release of neurotransmitters, chemicals that carry nerve impulses from one neuron to the next. Like many other agents that affect neuron firing, adenosine must first bind to specific receptors on neuronal membranes. There are at least two classes of these receptors, which have been designated A1 and A2.

Snyder et al propose that caffeine, which is structurally similar to adenosine, is able to bind to both types of receptors, which prevents adenosine from attaching there and allows the neurons to fire more readily than they otherwise would.

For many years, caffeine's effects have been attributed to its inhibition of the production of phosphodiesterase, an enzyme that breaks down the chemical called cyclic AMP. A number of neurotransmitters exert their effects by first increasing cyclic AMP concentrations in target neurons. Therefore, prolonged periods at the elevated concentrations, as might be brought about by a phosphodiesterase inhibitor, could lead to a greater amount of neuron firing and, consequently, to behavioural stimulation. But Snyder et al point out that the caffeine concentrations needed to inhibit the production of phosphodiesterase in the brain are much higher than those that produce stimulation. Moreover, other compounds that block phosphodiesterase's activity are not stimulants.

To buttress their case that caffeine acts instead by preventing adenosine binding, Snyder et al compared the stimulatory effects of a series of caffeine derivatives with their ability to dislodge adenosine from its receptors in the brains of mice. "In general," they reported, "the ability of the compounds to compete at the receptors correlates with their ability to stimulate locomotion in the mouse; i.e., the higher their capacity to bind at the receptors, the higher their ability to stimulate locomotion." Theophylline, a close structural relative of caffeine and the major stimulant in tea, was one of the most effective compounds in both regards. There were some apparent exceptions to the general correlation observed between adenosine-receptor



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binding and stimulation. One of these was a compound called 3-isobutyl-1-methylxanthine (IBMX), which bound very well but actually depressed mouse locomotion. Snyder et al suggest that this is not a major stumbling block to their hypothesis. The problem is that the compound has mixed effects in the brain, a not unusual occurrence with psychoactive drugs. Even caffeine, which is generally known only for its stimulatory effects, displays this property, depressing mouse locomotion at very low concentrations and stimulating it at higher ones.

Based on the Passage, answer the following questions:

1. The primary purpose of the passage is to

- (A) discuss a plan for investigation of a phenomenon that is not yet fully understood
- (B) present two explanations of a phenomenon and reconcile the differences between them
- (C) summarize two theories and suggest a third theory that overcomes the problems encountered in the first two
- (D) describe an alternative hypothesis and provide evidence and arguments that support it
- (E) challenge the validity of a theory by exposing the inconsistencies and contradictions in it

2. According to Snyder et al, caffeine differs from adenosine in that caffeine

- (A) stimulates behaviour in the mouse and in humans, whereas adenosine stimulates behaviour in humans only
- (B) has mixed effects in the brain, whereas adenosine has only a stimulatory effect
- (C) increases cyclic AMP concentrations in target neurons, whereas adenosine decreases such concentrations
- (D) permits release of neurotransmitters when it is bound to adenosine receptors, whereas adenosine inhibits such release
- (E) inhibits both neuron firing and the production of phosphodiesterase when there is a sufficient concentration in the brain, whereas adenosine inhibits only neuron firing

3. In response to experimental results concerning IBMX, Snyder et al contended that it is not uncommon for psychoactive drugs to have

- (A) mixed effects in the brain
- (B) inhibitory effects on enzymes in the brain
- (C) close structural relationships with caffeine
- (D) depressive effects on mouse locomotion
- (E) the ability to dislodge caffeine from receptors in the brain

4. According to Snyder et al, all of the following compounds can bind to specific receptors in the brain EXCEPT

- (A) IBMX
- (B) caffeine
- (C) adenosine
- (D) theophylline
- (E) phosphodiesterase

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5. Snyder et al suggest that caffeine's ability to bind to A1 and A2 receptors can be at least partially attributed to which of the following?

- (A) The chemical relationship between caffeine and phosphodiesterase
- (B) The structural relationship between caffeine and adenosine
- (C) The structural similarity between caffeine and neurotransmitters
- (D) The ability of caffeine to stimulate behavior
- (E) The natural occurrence of caffeine and adenosine in the brain

(10 marks)



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Department of English M.S.M. College, Kayamkulam Spoken English 2023-24

	Register No.	Name	Marks /50	Signature
1	13023117001	ABEL REJI	42	<i>Abel Reji</i>
2	13023117002	AISWARYA GOPAL	46	<i>Aiswarya</i>
3	13023117005	DEVANANDHA.R	40	<i>Devanandha</i>
4	13023117006	KASHINADHAN A	40	<i>Kashinathan</i>
5	13023117007	MUHAMMED ASHIQ	36	<i>Ashiq</i>
6	13023117008	NAVYA S	38	<i>Navya</i>
7	13023117009	NILAMOL N	39	<i>Nila</i>
8	13023117011	POOJA R AJI	42	<i>Pooja</i>
9	13023117012	SOURAV SUJI	40	<i>Sourav</i>
10	13023117013	SREENANDANA K S	43	<i>Sreenandan</i>
11	13023117015	ABHINAYAN JITHU N	38	<i>Abhinayan</i>
12	13023117016	ABHIRAG.R	43	<i>Abhirag</i>
13	13023117019	ARCHA S N	36	<i>Archa</i>
14	13023117022	ASHWINDEV.D	38	<i>Ashwin</i>
15	13023117023	AYISHA RAHUMAN A S	42	<i>Ayisha</i>
16	13023117024	HARIKRISHNAN S	36	<i>Harikrishnan</i>
17	13023117025	HAZINSHAA	35	<i>Hazinsha</i>
18	13023117026	JAYALEKSHMI. B	42	<i>Jayalekshmi</i>

[Signature]



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19	13023117027	JUMANA FATHIMMA	46	Jumana
20	13023117028	MUHAMMED ASLAM	35	Aslam
21	13023117031	NIRANJANA G	40	Niranjana
22	13023117032	OMARUL FAROOK S	36	Omarul
23	13023117033	PAVITHRA. S	42	Pavithra
24	13023117034	SNEHA SAJIKUMAR	42	Sneha
25	13023117035	SREELEKSHMI V.S.	43	Sreelekshmi
26	13023117036	SULTHANA R	39	Sulthana
27	13023117037	SULTHANA S	42	Sulthana
28	13023117038	AHMED THAJMEEL	46	Ahmed
29	13023117039	MUHAMMED ALI N	38	Muhammed
30	13023117040	MUHAMMED NAFI	36	Nafi

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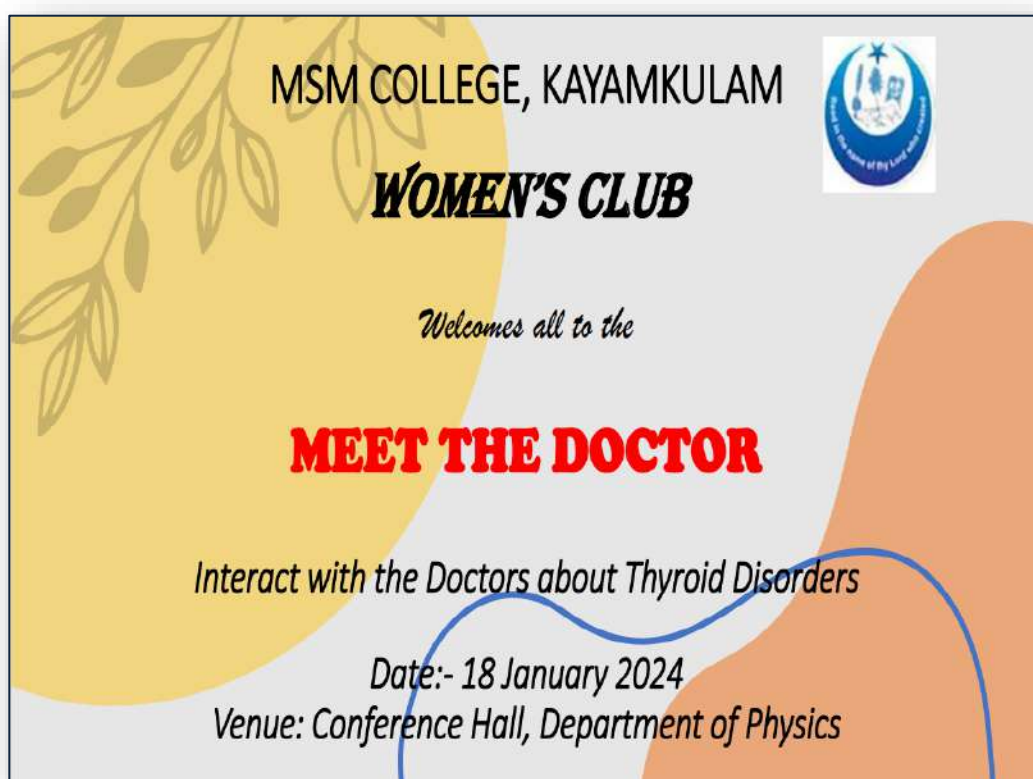
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7. LIFE SKILL- "MEET THE DOCTOR"- THYROID AWARENESS MONTH CELEBRATION

Title of the Programme	"Meet the Doctor"- Thyroid Awareness Month Celebration
Date of the Programme	18.01.2024
Organizing Department	Womens Club, MSM College, Kaymkulam.
Number of Students Enrolled	54
Name of the Resource Person	Dr. Sethu Sadanandan, Consultant Radiologist, Govt. Thaluk Hospital, Kayamkulam and Dr. Megha Chandra, Consultant Radiologist, New Desingnad Scans, Kayamkulam.
Objectives of the Programme	To educate and inform students and staff of the college about thyroid health, symptoms of thyroid disorders and the importance of early detection and treatment.
Outcomes of the Programme	The participants could learn about the latest advancements in the thyroid care and engage with the medical professionals to address their concerns.



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The Women's Club organized a "Meet the Doctor" program in connection with Thyroid Awareness Month. This initiative aimed to educate and inform students and staff of the college about thyroid health, symptoms of thyroid disorders and the importance of early detection and treatment. The event featured expert talks, interactive Q&A sessions and informational materials on managing thyroid conditions effectively. Attendees had the opportunity to learn about the latest advancements in thyroid care and engage with medical professionals to address their concerns.

The classes on Thyroid Awareness Month were successfully led by:

1. Dr. Sethu Saadanandan

- Qualifications: MBBS, MD (Radiodiagnosis)
- Title: Consultant Radiologist
- Affiliation: Govt. Thaluk Hospital, Kayamkulam
- Additional Roles: Consultant at Newdesingnad Scans, Managing Director at New Desingnad Scans, Kayamkulam

2. Dr. Megha Chandra

- Qualifications: MBBS, DMRD, DNB (Radiodiagnosis)
- Title: Consultant Radiologist
- Affiliation: New Desingnad Scans, Kayamkulam
- Additional Roles: Managing Partner at New Desingnad Scans, Kayamkulam

Their collaboration and efforts made the event a success. Smt. B. Sajitha, Coordinator of Women's Club chaired the programme. Dr Lakshmy M, Department of Chemistry offered welcome speech and Dr. Latha C, Department of Zoology offered Vote of Thanks. The interactive session on the thyroid symptoms, detection, prevention and treatment was successful.

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"Meet The Doctor" - Thyroid Awareness Month Celebration 18.01.2024



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PARTICIPANTS LIST

Sl. No	Name of students	Sl. No	Name of students	Sl. No	Name of students
1	ASWATHY R	19	JUMANA FATHIMMA	37	AJMI A
2	DEVIKA.R	20	MUHSINA N	38	APARNA AJIMON
3	SREELEKSHMI V	21	MUHSINA SHAJAHAN	39	ARCHA S N
4	ASHIYA SAINUDEEN	22	NIRANJANA G	40	ARUNIMA ANIL
5	DEVIKA DATHAN	23	PAVITHRA. S	41	ASHINA N
6	DHANALEKSHMI L	24	SNEHA SAJIKUMAR	42	AYISHA RAHUMAN A S
7	IRFANA RASHEED	25	SREELEKSHMI V.S.	43	JAYALEKSHMI . B
8	JANAKI S	26	SULTHANA R	44	ATHIRA RAJ
9	LEKSHMI ANIL	27	SULTHANA S	45	BADSHA FATHIMA
10	NAFIA YAKOOB	28	AISWARYA GOPAL	46	NANDHANA NATH
11	ROSHNI S	29	ALIYA C A	47	NISHANA. N
12	SHAHANA S	30	ARYA A	48	RAMSEENA
13	AFEEFA N	31	DEVANANDHA.R	49	AISWARYA ASHOK A S
14	AYISHA. S	32	NAVYA S	50	ARDRA AJAY
15	FARHANA NOUSHAD	33	NILAMOL N	51	ASHA B
16	FATHIMA FAZALUDEEN	34	POOJA R AJI	52	FATHIMA M
17	LAMIYA S	35	SOURAV SUJI	53	FATHIMATHU SUHRA
18	SAJMI S	36	SREENANDANA K S	54	GANGA J

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8. LIFE SKILL- LEGAL AWARENESS PROGRAMME ON DOWRY PROHIBITION DAY

Title of the Programme	Legal Awareness Programme on Dowry Prohibition Day.
Date of the Programme	27.11.2023
Organizing Department	Women's Club, MSM College, Kayamkulam in association with The Gender Resource Centre, Muthukulam Block Panchayat.
Number of Students Enrolled	48
Name of the Resource Person	Adv. Roshna Muhammed, Legal Counsellor, Gandhibhavan, Snehaveedu, Service Providing Centre.
Objectives of the Programme	To make the students aware of the Legal provisions for the prohibition of Dowry.
Outcomes of the Programme	Students got a lot of legal points related with the Dowry system that can be effectively apply in their real-life situations.

**MSM COLLEGE, KAYAMKULAM**
WOMEN'S CLUB
IN ASSOCIATION WITH
**THE GENDER RESOURCE CENTRE, MUTHUKULAM
BLOCK PANCHAYAT**

DOWRY PROHIBITION DAY
LEGAL AWARENESS ABOUT DOWRY

27.11.2023
Conference Hall, Department of Malayalam

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REPORT OF THE PROGRAMME

The Womens Club M.S.M. College in association with Gender Resource Centre Muthukulam Block Panchayat conducted a Legal Awareness Session in connection with Dowry Prohibition Day on 27th November 2023 in the college Seminar Hall, Malayalam Department at 1.30 PM. The programme was inaugurated by the Principal Dr Muhammed Thaha M. A class on Women's Rights and Regulations was handled by Adv. Roshna Muhammed, Legal Counsellor, Gandhibhavan, Snehaveedu, Service Providing Centre. The programme was chaired by Smt. B. Sajitha, Coordinator, Women's Club. Dr Deepa K Gopal delivered the welcome speech, Vice Principal Dr Divya and ICDS Supervisor Moni offered felicitations. The programme ended with the Vote of Thanks by Mrs Nizia Ameer.

Legal Awareness Programme on Dowry Prohibition Day 27.11.2023



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	Roll No	
1	20	Signature
2	2	Amreen
3	3	Anita
4	4	Anseena
5		
6	6	Aisha
7	7	Ajisha
8	8	Gopika
9	9	Jasna
10		Muhsina
11		Sajitha
12	12	Sreedekshmi
13		Sree parvathy
14		Vandhana kishor A
15		Akhila V. Rajesh
16		/
17		Amrutha
18	18	Ananda Shamma V
19		Anjali P. Chand
20		Anidra Sree. V.K
21	21	Asim sha. A.
22	22	Athira Babu
23	23	Avanth Sen P.S
24		Devu R
25		Hassha shahel
26		Helen Johnson

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27	Jisha	Jisha
28	Meenakshi.S	Meenakshi
29	Muhammed Faizal	Faizal
30	Muhammed Khairul	Khairul
31	Muhsin.N	Muhsin
32	Nadhasan.H	Nadhasan
33	Nagana.S	Nagana
34	Priya Lekshmi.A	Priya
35	Rahana Raghu	Rahana
36	Raniga Ashraf	Raniga
37	Rukhsana.J.S	Rukhsana
38	Saichali.M	Saichali
39	Sambhu tal.K.S	Sambhu
40	Shahana.N	Shahana
41	Sree Lakshmi.S	Sree Lakshmi
42	Suhana.K	Suhana
43	Syamili.T	Syamili
44	Vadumohan	Vadumohan
45	Ahamed Safer.H	Ahamed
46	Fathima Sathana	Fathima
47		
48	Ngaliya.N	Ngaliya
49	Sahna Nixae	Sahna

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9. LIFE SKILL- PREMARITAL COUNSELLING IN ASSOCIATION WITH THE MINORITY WELFARE DEPARTMENT, GOVERNMENT OF KERALA

Title of the Programme	Premarital Counselling in association with the Minority Welfare Department, Government of Kerala.
Date of the Programme	25-27 October, 2023
Organizing Department	MSM College and Minority Welfare Department, Government of Kerala.
Number of Students Enrolled	47
Name of the Resource Person	Resource Persons from the Minority Welfare Department, Government of Kerala.
Objectives of the Programme	To counsel the students about the different aspects of a marriage relation in a realistic way.
Outcomes of the Programme	Student's anxiety relieved in a great extent.



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൨൫൦ എസ് ൨൫൦ കോളേജ് ക്യാമ്പസിലും

രീതി നിലവാരമുള്ള ആക്കത്തിന്റെ കൃത്യ വിശേഷം

രാവിലത്തെ സെഷൻ ക്ലസ്സ് കൃത്യം 10:00 ന് സമ്മേളനം പി കൃത്യം സർ ആരംഭിച്ചു. സമാധാനിത വാചാവിക ജീവിതത്തിലെ വിവിധ പ്രശ്നങ്ങൾ, വിവരസമ്പന്നങ്ങളും. രോഗ-
വില്പനാപൂർണ്ണ അഭിപ്രായ ഭിന്നതയും വിവര സമ്പന്നങ്ങളിൽ പലർക്കുണ്ടു നയപ്രകാരം തുടങ്ങി വിവരജീവിതവുമായി ബന്ധപ്പെട്ട പുതിയ വിവരങ്ങൾ ചർച്ച ചെയ്യപ്പെട്ടു. ജീവി-
കൃത്യം സംശയ നിവാരണത്തിനുള്ള രോഗങ്ങളും ഈ സം-
വിവരപൂർണ്ണതയിനാൽ വളരെ സജീവമായി ചർച്ചകൾക്ക് ഈ സെഷനിലുണ്ടാകും. തുടർന്ന് നല്ലൊരു വിവരം നന്ദി-
(പ്രകാരമുള്ളതാണ് ആദ്യത്തെ സെഷൻ രോഗസാന്നിദ്ധ്യം.

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അന്നദിനം ചുരുക്ക് 1:30 - ഭാര്യ കുട്ടി ശ്രീ.നഫീഖ് ഫാസ് സാറിന്റെ ഭരണത്തിൽ ദമ്പതികൾക്ക് പ്രവേശനം അനുവദിച്ചു. വിവിധ വിഷയങ്ങളിൽ വൈദികർക്ക് പ്രാർത്ഥന നടന്നു. വളരെ സന്തോഷത്തോടെ ആദ്യ ക്ലാസ്സിൽ കുട്ടികളെക്കൊണ്ട് വിവിധ പ്രവർത്തനങ്ങളും ചെയ്തു. ക്ലാസ്സ് 4:30 ന് വിദ്യാർത്ഥി പ്രതിനിധിമാർ ആരിഫ് മുഹമ്മദ് നസീർ പ്രധാനമന്ത്രിയെ അഭിനന്ദിച്ചു.

വിവാഹപരമ്പര കണ്ടൻസിലിംഗ് ക്ലാസ്സിന്റെ അടയാളത്തിൽ ആദ്യ ക്ലാസ്സ് നൽകിയ വിദ്യാർത്ഥി സ്വർണ്ണശില്പം അർപ്പിച്ചു. 4:30 ഭാര്യ ക്ലാസ്സ് ആരംഭിച്ചു. ലൈംഗിക വിദ്യാഭ്യാസവും ഗർഭഭാരവും ആദ്യ ക്ലാസ്സ് വിഷയം. ശ്രീമതി സഫ്ന കെ ഫാസ് ആണ് ക്ലാസ്സ് എടുത്തത്. വളരെ വിജ്ഞാനപ്രദമാക്കുന്ന ഒരു സെഷൻ കുട്ടികളിലുണ്ടാക്കുന്ന പല ധാരണകളും മാറ്റിമറിക്കുന്ന വിധത്തിലുള്ളതാക്കുന്നു. വിദ്യാർത്ഥി പ്രതിനിധി മുഹമ്മദ് ഫാസ് കൃതജ്ഞത അറിയിച്ചതോടെ പ്രഭാത സെഷൻ അവസാനിച്ചു.

അന്നദിനം ചുരുക്കത്തെ സെഷൻ 1:30 ഭാര്യ ആരംഭിച്ചു. ഭാര്യ - ഭർത്താവ് കുടുംബാംഗങ്ങളുമായുള്ള സംഘർഷങ്ങൾ ഒഴിവാക്കി ആശ്വസ്തതയോടെ ജീവിക്കാനുള്ള വിദ്യാർത്ഥി പ്രതിനിധി മുഹമ്മദ് ഫാസ് ആണ് ക്ലാസ്സ് എടുത്തത്. കലികപ്രസക്തമായ നിരവധി ജീവിതരീതികൾ ആദ്യ ക്ലാസ്സ് വിദ്യാർത്ഥി പ്രതിനിധി മുഹമ്മദ് ഫാസ് കൃതജ്ഞത അറിയിച്ചതോടെ ക്ലാസ്സ് 4:30 ന് ചുരുക്കത്തെ സെഷൻ അവസാനിച്ചു.



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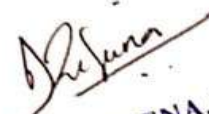
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മുസ്ലീം ദിനത്തിൽ ക്ലാസ്സ് 9:30 ന് ആരംഭിച്ചു. ചടങ്ങിന് റബ്ബീന ടീച്ചർ സ്വാഗതം ആശംസിച്ചു. വിവാഹത്തിന്റെ മതപരമായ വശങ്ങളും നിരസാധ്യതകളും എന്ന വിഷയത്തെക്കുറിച്ചു ശ്രീ റോജ് ഉമറൻ ക്ലാസ്സ് ബോധവാന്മാരാക്കുന്ന തരത്തിലുള്ള ചർച്ചകളും തീരുമാനങ്ങളും ആ സെഷനിൽ ഉണ്ടായി. വിദ്യാർത്ഥികൾക്ക് സംശയനിവാരണത്തിനുള്ള അവസരമുണ്ടായി. വിദ്യാർത്ഥി പ്രതിനിധി റിഖ് ചടങ്ങിന് നന്ദിർപ്പിച്ചു. ക്ലൂത്ത് 12:30 ഭോടെ ക്ലാസ്സ് അവസാനിച്ചു.

അന്നേ ദിവസം ഉച്ചക്ക് ശ്രീ ഐശ്വര്യ മത്തായി ന്റെ ആത്മ ക്ലാസ്സ് ഫെല്ലോത്ത് വിവാഹപൂർവ്വ കൗൺസിലിംഗ് ക്ലാസ്സിന്റെ അവസാന സെഷൻ ക്ലൂത്ത് 1:30 ന് ആരംഭിച്ചു. ശാരീരിക സ്വസ്ഥ്യവസ്ഥകളെക്കുറിച്ചുള്ള ക്ലാസ്സിന്റെ നിർദ്ദേശങ്ങൾ വിദ്യാർത്ഥികൾക്ക് സാമ്പത്തിക കാര്യങ്ങൾ നിർവ്വഹിക്കാൻ അമ്മ പ്രൊപ്പർതാക്കും വിധമുള്ളതായിരുന്നു. വിദ്യാർത്ഥി പ്രതിനിധി ആരിഫ് കൃതജ്ഞതഭോടെ ക്ലാസ്സുകൾക്ക് നന്ദിപരമായ തിരശ്ശീല വിന്നു. ഭാവി ജീവിതത്തിന് തികച്ചും പ്രയോജനപ്രദമായ കൗൺസിലിംഗ് ക്ലാസ്സ് ആയിരുന്നു മതൻ ദിവസങ്ങളിലായി നടത്തപ്പെട്ടത്.


Dr. REJEENA.I
Assistant Professor
Department of Physics
M.S.M. College, Kayamkulam.

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SL.No	NAME OF THE STUDENT	SL.No	NAME OF THE STUDENT	SL.No	NAME OF THE STUDENT
1	ADILA S	17	JOUHARA.J	33	HAJARA S
2	ANZANA FATHIMA A	18	NAFIYA. S	34	MUHAMMED SALMAN S
3	AMINA A	19	SHAHINA S	35	ADHILA H
4	ASHINA T SATHAR	20	SHAMNA S	36	AJMIYA J
5	SAFA N	21	HAJARA.A	37	ALHIND A
6	SHYMA.S	22	MUHSINA.H	38	SHIFANA M
7	AAMINA MAJEED	23	AHSANA .S	39	SULFATH ASHARAF
8	AISHA S	24	NADIYA M	40	AAYISHA C H
9	AMEENA R	25	NAZINA MOL.S	41	AJMI S
10	ANZYMOL L	26	SANIYYA LATHEEF	42	AJEENA A
11	ASHNA ASHARAF	27	SHAHANA. S	43	AISHINA BASHEER . B
12	FATHIMA HAMDA	28	SOOFIYA. N	44	AJIMI A
13	FATHIMA ISMAIL	29	THASNI F	45	AJMI N
14	HUSNA NAZEER	30	ASIYA N	46	ANZIYA FATHIMA N
15	SANA SULFIKER	31	FATHIMA N	47	FOUSIYA . M
16	ALIYA FATHIMA	32	AMANA I.		

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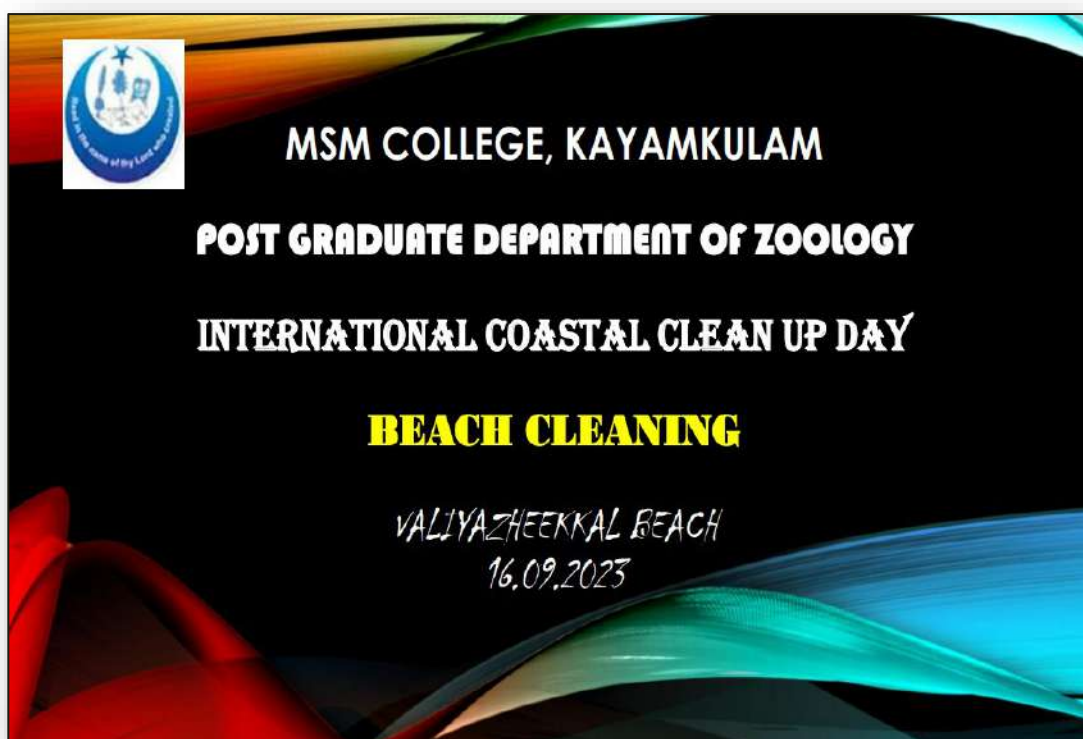
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10. LIFE SKILL-BEACH CLEANING ON INTERNATIONAL COASTAL CLEAN UP DAY

Title of the Programme	Beach Cleaning on International Coastal Clean-up Day
Date of the Programme	16.09.2023
Organizing Department	Department of Zoology
Number of Students Enrolled	101
Name of the Resource Person	Mrs. Sabitha Mansoor, Vice President, Arattupuzha Panchayath, Dr. Bindu L, Assistant Professor & Head of the Department of Zoology, MSM College, Kayamkulam.
Objectives of the Programme	To create an attitude of social responsibility and the environmental protection. To give a hands-on training for waste collection, segregation and proper disposal
Outcomes of the Programme	Students got an opportunity to realize the horrible effect of the pollution on the coastal life and thereby they realized their role in environment protection as an individual.



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REPORT OF THE PROGRAMME

Department of Zoology, MSM College, Kayamkulam organized a beach cleaning programme in association with the International Coastal Clean Up Day. The location of this programme was Valiyazheekkal Beach, Alappuzha (Dt.). Kerala - (Latitude – 9.139305o, Longitude – 76.461921°). 101; students and faculty of Department of Zoology and NCC, NSS volunteers of M.S.M. College, students and faculty of Govt. H.S.S. Valiyazheekkal, NGOs (Thanal Kerala, Sameeksha), Harithakarma sena members, Coastal Police officers and the Panchayat representatives were participated in the Programme. Members of Haritha Karma Sena of panchayath Collected the segregated wastes from the site and disposed of in official way. Dr.Bindu L. Co-ordinator of the Programme welcomed all participants to the activity. Ms. Sabitha Monsoor, Vice President Arattupuzha Panchayat inaugurated the programme. Dr. A. Muhammad Thaha, Principal M.S.M. college and Dr.S.Amina (Principal Rtd.) pointed out the importance of cleaning our beaches and protect it from the plastic and other non-degradable wastes. Dr. M. Ansari, NCC Co-ordinator, MSM College, Thanal representatives, Shri. Radhakrishnan, Sameeksha charitable society offered felicitation. And all of them actively participated in the cleaning activity also.

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അന്തർദ്ദേശീയ കടൽത്തീര ശുചീകരണ ദിനാചരണത്തിന്റെ ഭാഗമായി കായംകുളം എം.എസ്.എം. കോളേജിലെ വിവിധ വിഭാഗങ്ങളുടെ സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടൽത്തീര ശുചീകരണ പ്രവർത്തനങ്ങൾ ആനുകൂല്യം പങ്കാളിയായി ഹൈസ്കൂളിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്യുന്നു.

വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു

കായംകുളം അന്തർദ്ദേശീയ കടൽത്തീര ശുചീകരണ ദിനാചരണത്തിന്റെ ഭാഗമായി കായംകുളം എം.എസ്.എം. കോളേജിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.

കായംകുളം സെന്ററിലെ ഹിബാബ് ഓഫീസിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.

കായംകുളം സെന്ററിലെ ഹിബാബ് ഓഫീസിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.



കടൽത്തീര ശുചീകരണദിനം

വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു

കായംകുളം സെന്ററിലെ ഹിബാബ് ഓഫീസിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.



രാജ്യാന്തര കടൽത്തീര ശുചീകരണ ദിനം ആചരിച്ചു

കായംകുളം എം.എസ്.എം. കോളേജിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.

കായംകുളം സെന്ററിലെ ഹിബാബ് ഓഫീസിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.

കായംകുളം സെന്ററിലെ ഹിബാബ് ഓഫീസിലെ സാമൂഹിക വിഭാഗത്തിൽപ്പെട്ടവർ, ഓപ്പറേഷൻ സെന്ററിലെ ഹിബാബ് ഓഫീസ് ഉദ്ഘാടനം ചെയ്തു. എൻ.സി.സി. യൂണിറ്റിന്റെയും സാമൂഹികാഭിമുഖ്യത്തിൽ വലിയതീരത്ത് കടലുറം ശുചീകരിച്ചു.

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Beach Cleaning on International Coastal Clean-up Day 16.09.2023



Inauguration



Beach before cleaning



Cleaning.....



Beach after cleaning

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Ocean Society of India
INTERNATIONAL COASTAL CLEAN UP DAY 2023
September 16, 2023

Valiyazhickal
8-11-30 am

Name of Institution : Milad-E-Sherief Memorial College, Kayamkulam

Sl.No.	Name	Designation	Address	Signature
1	Dr. Mohammed Thakur A	Principal	MSM College Kayamkulam	[Signature]
2	SATHEESAN-K.	parent	CHOONATHIL Pachira	[Signature]
3	Parvathy: R	student(NCC)	Ravi Bhavan (M.S.M. College)	Parvathy: R
4.	Priyalekshmi. A	student (NCC)	MSM college	[Signature]
5.	sheebamansoor.	Vicepresident	Araattupuzha.	[Signature]
6,	Pranganu		Ghss Valizhickal	[Signature]
7	Sreehari: S		Ghss Valizhickal	[Signature]
8	Jayakrishnan		Ghss Valizhickal	[Signature]
9	Ahaljith		Ghss Valizhickal	[Signature]
10.	M.K. Sudhakaran	Maral Keralam Chairman	9746687116	[Signature]
11	Ananda chandran	Maral Keralam secretary	9495200750	[Signature]
12	Shilatha-C	Mar. K.	9446001838	[Signature]
13	Reena - T	Mar. K.	97589014332	[Signature]
14	Sheetal - A	9-A	Gh. H. S. S Valiazhickal	Sheetal
15	Amrithakrishna - R	9-A	Gh. H. S. S Valiazhickal	[Signature]
16,	Athulya	9-B	Gh. H. S. S Valiazhickal	[Signature]

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Ocean Society of India INTERNATIONAL COASTAL CLEAN UP DAY 2023 September 16, 2023

Name of Institution : Milad-E-Sherief Memorial College, Kayamkulam

Sl.No.	Name	Designation	Address	Signature
17	Sathy -R	IX - B	Gr. H. S. S Valiazhakkal	9447518800
18	Savidha Saleem	Teacher	Gr. H. S. S Valiazhakkal	
19	Diya	Haritha kasma	Azattupuzha	
20	Kanakaletha	"	"	Kanakaletha
21	Muhammed Ashik	Student (Bo)	MSM college, klym	
22	Freelekshmi	Student (Gls)	MSM college klym	
23	Vishnu Jagan	Student (Gls)	MSM college klym	
24	Sapna . P . R	Student (malayalam)	MSM college klym	
25	Adithyan . S	Student (History)	M . S . M college klym	Adithyan
26	Janaki - S	Student (English Lit)	M . S . M . college klym	
27	Devapriya . S	IX .	Gr . H . S . S Valiazhakkal	
28	Krishnapriya . S	IX	Gr . H . S . S Valiazhakkal	Krishna
29	Dr Amina . S			
30	Muhammed Razi	Msc Zoology	M . S . M college	
31	Sudheesh kumar . H	BSc zoology	M . S . M college	
32	Adithyan . Manoj	BSc Zoology	M . S . M college	

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Ocean Society of India
INTERNATIONAL COASTAL CLEAN UP DAY 2023
September 16, 2023

Valiyazhickal 8 am

Name of Institution : Milad-E-Sherief Memorial College, Kayamkulam

Sl.No.	Name	Designation	Address	Signature
1	Veera . S	BSc. Zoology	Keruramapilath P.O. Kk	
2	Sigra . K	"	Kerummal (110) Kozhikode	
3	Anathi . S	"	Mini Bhavaram Krisnapuram .	
4	Saranya . S	"	Attathu Phacayil - Induru Valiyazhickal	
5	Sandra Raj R	"	Kottiyaravattal chathra - Arthamakkulam PO	
6	Anjali . S . Kumari	MSc Zoology	Sreemandiram, Azheekhal	
7	Amitha . M	B.Sc Zoology	MSM collage .	
8	Kavya prakash B	"	MSM collage .	
9	Thasmi . F	"	MSM collage	
10	Gloika Thampamp	"	MSM collage	
11	Asiya . N	"	MSM College	
12	Mehsina . H	"	MSM collage	
13	Rashmi	"	MSM college	
14	Amalitha . M	"	MSM college	
15	Sofiya . N	"	MSM college	
16	Abiritha . P	"	MSM collage	

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Sl.No.	Name	Designation	Address	Signature
14	Daniya P. Wills	NCC	M. SM college	
15	Baran Murali	NCC	"	
16	Ajmal	NCC	"	
20	Arya Reghu	NCC	"	
21	sooraj . s	ncc	"	
22	Reshmi . m	ncc	"	
23	Ardra Suresh	ncc	"	
24	Gowri . Lal .	ncc	"	
25	Laya Senthosh	NCC	"	
26	Parvathi . B	NCC	"	
27	Aisha . s	NCC	"	
28	Aswini . s	NCC	"	
29	Afiya . s	NCC	"	
30	Sona . R	NCC	"	
31	Ashna . s	NCC	"	
32	Arya	Ph.D	SD college Alappazha	

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INTERNATIONAL COASTAL CLEAN UP DAY 2023
September 16, 2023

Valiyazhakkal

Name of Institution : Milad-E-Sherief Memorial College, Kayamkulam

I.No.	Name	Designation	Address	Signature
33	Ashil V	Bsc Zoology	M.S.M college	<i>Ashil</i>
34	Thabseena Fathimi	Bsc Zoology	M.S.M college	<i>Thabseena</i>
35	Aparna M	Bsc. zoology	MSM college	<i>Aparna</i>
36	Athira S	Bsc. zoology	MSM college	<i>Athira</i>
37	Sandra L	Bsc. zoology	M.S.M college	<i>Sandra</i>
38	Swalika Salhar	"	"	<i>Swalika</i>
39	Muhseena N	"	"	<i>Muhseena</i>
40	Nadiya M	"	"	<i>Nadiya</i>
41	V.G. krishna	"	"	<i>V.G. krishna</i>
42	Fathima N Fathima F	"	"	<i>Fathima</i>
43	Ramadevi	Hanthyagama Sena	Arattupuzha	<i>Ramadevi</i>
44	Jaya	"	"	<i>Jaya</i>
45	SUNILKUMAR A	Public	Cherthala	<i>Sunilkumar</i>
46	Gokulkrishnan	BSC Botany	MSM college	<i>Gokul</i>
47	Anash	B.A economics	msm college	<i>Anash</i>
48	HARI KRISHNAN	OFFICE	msm college	<i>Hari Krishnan</i>

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INTERNATIONAL COASTAL CLEAN UP DAY 2023
September 16, 2023

Name of Institution : Milad-E-Sherief Memorial College, Kayamkulam

Sl.No.	Name	Designation	Address	Signature
49	Dr. Deepa R Pillai	Asst. Professor in Zoology	M.S.M College, Kayamkulam	
50	Dr. Sunmash C	Asst. Prof.	M.S.M College	
51	Dr. Sameer	Asst. Professor	"	
52	Dr. Bindu L	Asst. Prof.	"	
53	Salim	" (Ref)	Pratt-Poly Kghu	
54	Radhakrishnan	Public	Sameeksha	
55	Ambade	Public	Ward 5 Valayenghachal	
56	Coastal Police 1			
57	Coastal Police 2			
58	Dr. Ansari			
	Press 1			
	Press 2			
59	Krishna S	BSc Zoology	M.S.M. College	
60	Vidhya Prasad	BSc. Zoology	M.S.M College	

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11. LIFE SKILL- VIRTUAL TRAINING ON VERMI COMPOSTING- WEBINAR ON VERMICOMPOSTING

Title of the Programme	Webinar on Vermicomposting
Date of the Programme	09.06.2023
Organizing Department	Department of Zoology
Number of Students Enrolled	56
Name of the Resource Person	Dr. Bindhu P S, Assistant Professor, Krishi Vigyan Kendra, Kottayam
Objectives of the Programme	To give a virtual training on Vermicomposting
Outcomes of the Programme	An interest on vermicomposting was developed in students.

As part of the Environmental Day celebrations

Post Graduate Department of Zoology
Milad-E-Sherief Memorial College,
Kayamkulam

organising a webinar on

'Vermicomposting'

Resource Person

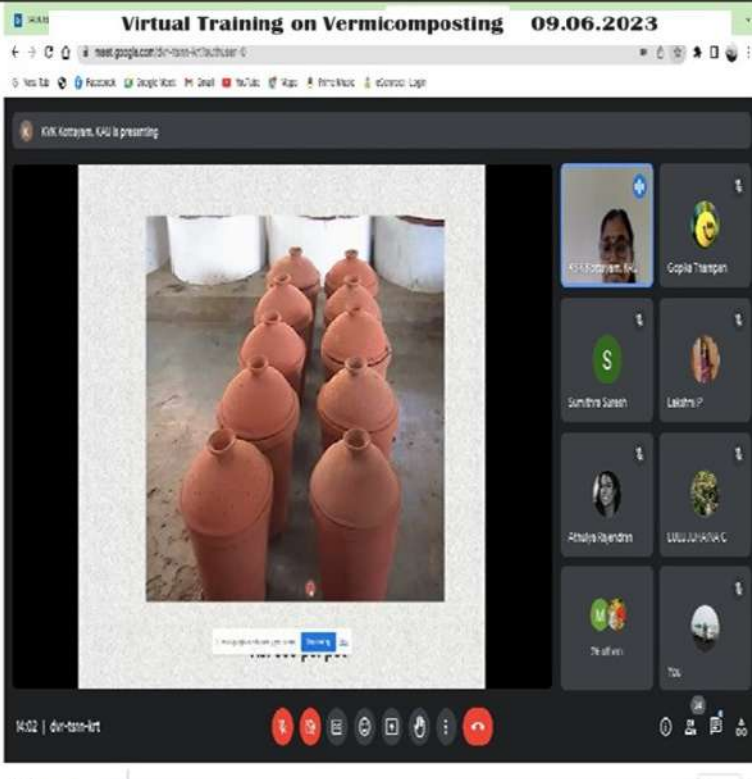
Dr. Bindhu P.S.
Assistant Professor
Krishi Vigyan Kendra, Kottayam



Friday 09 June 2023, 1.00 pm

Google Meet Link:
<https://meet.google.com/dvr-ssnn-krt>

Virtual Training on Vermicomposting 09.06.2023



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REPORT OF THE PROGRAMME

Department of Zoology, MSM College, Kayamkulam organized a webinar for giving a virtual training on “vermicomposting”. The programme was conducted on 09.06.2023 at 1.00 PM via Google meet. Dr. Bindhu P S, Assistant Professor, Krishi Vigyan Kendra, Kottayam was the Resource person. The Programme was inaugurated by the College Principal, Dr. A. Muhammad Thaha and the Head of the Department of Zoology Dr. Bindu L welcomed the gathering. 56 students participated in the Programme.

Timestamp	Name	E-mail ID	Class with semester	Subject	Is the webinar
09-06-2023 13:12	Soofiya.N	soofiya1553@gmail.com	Fourth	Zoology	Good
09-06-2023 13:14	Swaliha Sathar	swalihasathar142020@gmail.com	Bsc Zoology 4th semester	Zoology	Good
09-06-2023 13:14	Reshmi Manikuttan	rmanikuttan80@gmail.com	Sem4	Zoology	Good
09-06-2023 13:30	V.G.Krishna	krishnavg95@gmail.com	BSc. Zoology, 4th Semester	Zoology	Good
09-06-2023 13:31	Thasni. F	Thasnifasaludeen@gmail.com	4 th sem	Bsc zoology	Excellent
09-06-2023 13:38	Shamnas S	shamnasshajahan2016@gmail.com	2nd Msc 4th semester	Msc zoology	Excellent
09-06-2023 13:38	Deepthi nadesh	nadesanraghavan772@gmail.com	4th sem	Bsc zoology	Good
09-06-2023 13:38	ARCHANA R	archanareji10@gmail.com	Msc Zoology 4th sem	Zoology	Excellent
09-06-2023 13:38	Aparna.M	aparnamanoj390@gmail.com	Bsc zoology, 4th sem	Zoology	Excellent
09-06-2023 13:39	Sandra L	sandrasatheesh2020@gmail.com	S4 Bsc	Zoology	Excellent
09-06-2023 13:39	Athulya M	athulyaponnu2000@gmail.com	MSc zoology 4th sem	Zoology	Excellent
09-06-2023 13:39	AMJATHA VAHID	amjathaamji10@gmail.com	M.Sc - 4th sem	ZOOLOGY	Good
09-06-2023 13:40	Tency.s	Tencys2001@gmail.com	Bsc zoology 2nd semester	Zoology	Good
09-06-2023 13:41	Bhagya prasad	bhagyaprasad951@gmail.com	Msc 4th sem	Zoology	Excellent
09-06-2023 13:43	Sumayya.N	sumayyaafsal905@gmail.com	MSc fourth sem	Zoology	Excellent
09-06-2023 13:44	Karthu Sivan	Karthusivan105@gmail.com	2nd MSc 4th Semester	zoology	Excellent
09-06-2023 13:44	Neha.S	nehaneethu8123@gmail.com	Msc zoology 4th sem	Zoology	Excellent
09-06-2023 13:44	Shahina Showkath	Shahinashowkath777@gmail.com	S4 Msc	Zoology	Good
09-06-2023 13:48	Sooraj B	sooraj.b243@gmail.com	Research Scholar, Sree Narayana College, Kollam	Zoology	Excellent
09-06-2023 13:48	Devipriya Y	devipriyagopal92001@gmail.com	S2, MSc Zoology	Zoology	Excellent
09-06-2023 13:50	Adithya manoj	adithyamanoj195@gmail.com	Bsc. Zoology, 4th sem	Zoology	Excellent
09-06-2023 13:50	Thasni.M.A	thasnichirayil@gmail.com	1st Msc zoology	Zoology	Excellent
09-06-2023 13:51	AKHILA KRISHNA G	akhila.g662@gmail.com	4th Semester BSc. Zoology	Zoology	Good
09-06-2023 13:51	AKHILA V.C	vcakhila1999@gmail.com	Msc first year	Zoology	Excellent
09-06-2023 13:53	Arunima S Tharol	arunimatharol@gmail.com	S2 MSc	Zoology	Excellent
09-06-2023 13:55	LULU JUHAINA C	JULUBASHEER@GMAIL.COM	1ST MSC	ZOOLOGY	Excellent
09-06-2023 14:07	Gopika Thampan P	gopikathampan@gmail.com	S4 Bsc Zoology	Zoology	Good
09-06-2023 14:08	Shameena Majeed	shameena95@gmail.com	Research Scholar, S.D College, Alappuzha	Zoology	Excellent
09-06-2023 14:08	Roja Suresan	rojaus2001@gmail.com	BSc Zoology Graduate	Zoology	Excellent
09-06-2023 14:10	Lulu Saira. S	lulusaira01@gmail.com	Bsc Zoology second sem	sting	Excellent
09-06-2023 14:13	AthiraSatheesh	athirasatheeshnair123@gmail.com	Research scholar	Zoology	Excellent
09-06-2023 14:21	Malavika S	Malavikasunilkumar 1@gmail.com		2 Msc. Zoology	Good
09-06-2023 14:25	Saranya. S	Saranyababurajan2017@gmail.com	Msc zoology (2nd sem)	Msc zoology	Good
09-06-2023 16:31	Sonali Menon	sonalimenon2001@gmail.com	M. Sc., S2	Zoology	Good

12.

13.

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KERALA STATE- SOUTH INDIA

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Web site: www.msmcollege.in, E-mail: msmcollege@rediffmail.com

Fax: 0479-2445594, Tel. No: 0479-2442111

14. ICT/COMPUTING SKILL-WEBINAR ON ONLINE COURSES WITH A CAREER PERSPECTIVE IN IT

Title of the Programme	Webinar on Online Courses with a Career Perspective in IT
Date of the Programme	07.10.2023
Organizing Department	Department of Physics
Number of Students Enrolled	21
Name of the Resource Person	Mr. Shylesh G, Director, Curiez Labs
Objectives of the Programme	To familiarize students with basic IT skills helpful to get placed in the IT Field.
Outcomes of the Programme	Students got an understanding on the various online courses which increases the chance to get employment in the IT Field.

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ONLINE COURSES WITH A CAREER PERSPECTIVE IN IT
ON
7-10-2023
7:15 PM TO 08:20 PM
BY
Mr. SHYLESH.G
DIRECTOR (CURIEZ LABS)

07:15 PM WELCOME SPEECH: Dr. K.M. ANIL KUMAR (HOD-PHYSICS DEPT)

07:20 PM INTRODUCTION OF MENTOR: ANJANA. R (ASST. PROFESSOR)

07:25 PM INVITED TALK

08:15 PM QUESTION AND ANSWER SESSION

08:20 PM VOTE OF THANKS

GOOGLE MEET LINK: [HTTPS://MEET.GOOGLE.COM/CZW-VSQB-DAB](https://meet.google.com/CZW-VSQB-DAB)



ORGANIZED
BY
DEPARTMENT OF PHYSICS

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Report

On

ICT related career guidance(23-24)

The "Online courses with a career perspective in IT " was intended to familiarize students with basic IT skills which will assist them to become employable at various IT firms. The class was conducted in online mode for the convenience of all students. Certain online courses in new platforms which offer free and quality courses were discussed. The program was able to convey an all round view over the scope of IT jobs for graduate students from science back ground. Bsc Physics and Msc Physics students benefitted from the program. List and others details are provided along with the report.

Anjana R

Co-ordinator

Head of the Department

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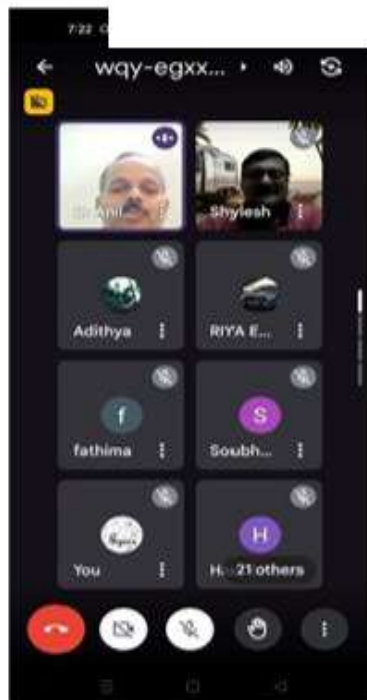
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Webinar on Online Courses with a Career Perspective in IT 07.10.2023



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LIST OF STUDENTS

- 1 AMAL R
- 2 ANUPAMA R
- 3 GOVIND. A.S
- 4 HARIKRISHNAN. R
- 5 ABHINAV.B.S.KARA
N
- 6 AMINA S
- 7 ASLAM N
- 8 AYISHA
S
- 9 HASEENA L
- 10 NANDANA M
- 11 PANANYA
- 12 RESHMA L
- 13 SREERAJ K S
- 14 UMARUL FAROOK M
- 15 VIDYA SAGAR. V
- 16 FATHIMA. N
- 17 CHITHIRA S
- 18 MUHAMMED
ROSHAN
- 19 RAHUL R
- 20 SARANYA S
- 21 SREELEKSHMI D L

Co-ordinator
Anjana R
Anjana. R